

## Physical Assessment

### Appearance

Stage of development, general health, striking features, height, weight, behavior, posture, communication skills, grooming, hygiene

### Skin

Color, consistency, temperature, turgor, integrity, texture, lesions, mucous membranes

### Hair

Color, texture, amount, distribution

### Nails

Color, texture, shape, size

### Neurologic

Pupil reaction, motor and verbal responses, gait, reflexes, neurologic checks

### Musculoskeletal

Range of motion, gait, tone, posture

### Cardiovascular

Heart rate and rhythm, Homans' sign, peripheral pulses and temperature, edema

### Respiratory

Rate, rhythm, depth, effort, quality, expansion, cough, breath sounds, sputum production (color and amount), tracheostomy size, nasal patency

### Gastrointestinal

Abdominal contour, bowel sounds, nausea, vomiting, ostomy type and care, fecal frequency, consistency, presence of blood

### Genitourinary

Urine color, character, amount, odor, ostomy

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